



## How Your Support Makes a Difference

Nyamal Pal thinks she can squeeze her college dorm essentials into her suitcases. There's one item, however, that she might have to ship.

It's a large canvas painting her friend made. Half of the painting depicts a city skyline, while the bottom half shows deep tree roots. "Don't forget your roots in the big city," the cursive text reads.

The 17-year-old said she can't forget her roots. She said she's motivated by her family's experience as war refugees struggling to make it in the U.S. "I want to break the cycle of poverty," Pal said.

Pal's parents left Sudan as war refugees, moved to Lebanon and eventually settled in Nashville. In the U.S., they didn't know English, they had no money, no family and no contacts — just a temporary place to stay. Over the past decade, Pal and her family have met people and organizations willing to help. Without them, Pal said, she doesn't know what she or her family would do.

Pal started elementary school in Antioch, but later resettled in Franklin to attend New Hope Academy, a private school aimed at helping low-income families. Five of her younger siblings attend the school today. In 2006, the family closed on a house with the assistance of Habitat for Humanity of Williamson and Maury counties. Pal received medical care at Mercy Community Healthcare. She most recently worked at ThriftSmart, that gives all of its profits go to New Hope Academy, Mercy Community Healthcare, African Leadership and The Belize Project.

Pal got accepted to New York University but had no way to pay for it. By surprise, she later learned she earned a full-tuition scholarship.

Pal smiles often, even when recounting the 30-35 hours a week she worked in high school or the early mornings getting her seven younger siblings ready for school. Pal saved enough money to buy her own clothes, car, laptop, luggage and plane ticket to New York.

"When I tell people my story, I don't want them to feel bad about me. I want them to give me tips on how to be successful," Pal said.

Pal has ambitious goals. She wants to open clinics in Sudan and in the U.S. With plans to apply to medical school, she'll take many science classes on top of her declared majors and minor.

Pal's former doctor, Amy Vehec, has guided Pal through the final details of her transition to college. "She's got an incredible future ahead of her. It's sort of that pay-it-forward idea — if we can get her over a couple of these little humps, she's going to be incredible," Vehec said.

"I hope people reading this will see the common denominator here", said David Winningham of Mercy. "This community supports ThriftSmart who supports Mercy and supports New Hope who played a major part in the life and support of Nyamal. I can't wait to see how this unfolds"

## Fall 2015 Newsletter

### YES! I will help Mercy bring quality, affordable healthcare to the community!

- I will support Mercy as an **Angel of Mercy** by donating \$100/mo. or more on a regular basis.
- I will support Mercy as a **Mercy Miracle Maker** by donating any amount/mo. on a regular basis.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Enclosed is my gift of:  \$25  \$50  \$100  Other: \_\_\_\_\_

Credit Card:  Visa  AMEX  MC  Discover

# \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Set up an automatic monthly withdrawal in the amount of \_\_\_\_\_ and apply my gift on the 1st or 15th. Circle one.



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## David Winningham Retiring from Mercy



After eight years as CEO, David Winningham will be retiring from Mercy at the end of October. "It's been a great eight years for me. I've been surrounded by an amazing group of people who are dedicated to caring for people . . . committed to making a difference in the lives of their patients from all over Middle Tennessee", David said.

David also stated, "I'm also extremely grateful for all the generous individuals, corporations, and foundations that have donated millions of dollars to support Mercy during my time here. Mercy has experienced tremendous growth and the need for our expanding services continues to increase as more and more uninsured "neighbors" find their way to Mercy. This is a very generous community in which we live and enjoy life and I'm sure the future of Mercy is bright because of it".

David Winningham, CEO

## We Now have a Pharmacy



**ONE STOP HEALTHCARE**  
Mercy Community Healthcare is now your pharmacy contact. Medicine Shoppe Prescription Made Easy Save Money, Save Time

[mercycommunityhealthcare.org/services/pharmacy/](http://mercycommunityhealthcare.org/services/pharmacy/)

### Did you know?

Mercy sends this same newsletter via email! You can help Mercy save money on printing and postage by returning this form with your information filled in to the left. **Don't forget your email address!**





# THANK YOU

to all our runners and sponsor who attended the 2015 Franklin Classic. It was a successful day for both Mercy & our Runners.

We had a total of 2,808 runners who registered!  
5K – 1,455      10K – 742  
1K – 346      5K + 10K – 260  
10K Wheelchair – 1      Vrtual Walk/Runner – 4



Mercy Community Healthcare provides primary care and mental health services for uninsured, insured, TennCare, and Medicare patients from more than 30 counties in Tennessee.

The Health Resources Services Administration (HRSA) announced recently that Mercy Community Healthcare has been recognized as a leader among national community health centers in providing outstanding quality to its patients. "Today's funding rewards those health centers that are achieving the highest levels of clinical quality performance and improvement," said HRSA Acting Administrator Jim Macrae.

David Winningham, CEO of Mercy stated, "Part of this award was for health centers that were recognized for improved cost efficient care delivery compared to the national average while also increasing quality of care and improving access to comprehensive services between 2013 and 2014. Only three health centers in the entire state were recognized for this accomplishment. I'm extremely proud of Rose Gilbert, Quality Coordinator and the entire Mercy staff. It's very difficult to deliver quality care at costs below the national average in Williamson County, especially in the integrated, comprehensive manner in which we do it."

## 2015 Board Members

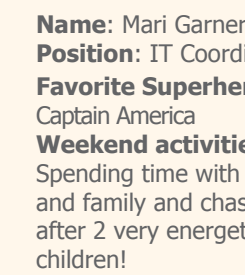
- Nancy Reece - Chairman
- Craig Ballentine - Vice Chairman
- Jane Allen – Secretary
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- Todd Matthews
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- Ronnie McCoy
- Andy Oliver
- Karen Schorkopf
- John Smith
- Scott Thompson
- Kristen Toth
- Melora Turner

## Meet Mercy



**Name:** Caleb Hancock  
**Position:** FNP, Primary Care Provider  
**Favorite Superhero:** Captain America  
**Weekend activities:** watching Son's soccer games, yard work, watching sports and occasionally working at Mercy :)

**Why do you love your job?**  
 "My personal goal to honor Christ as a PCP has met a perfect compliment here at Mercy. Everyday we have the opportunity to be ambassadors for Christ and reach those in need of grace, just as we were and are. The team here at Mercy is a blessing to work with!"



**Name:** Mari Garner  
**Position:** IT Coordinator  
**Favorite Superhero:** Captain America  
**Weekend activities:** Spending time with friends and family and chasing after 2 very energetic children!

**Why do you love your job?**  
 "Coming from the Corporate world, it's so refreshing and empowering working for a business that has scripture written on the walls. Where we gather each day for prayer as we start our mornings. I love that while Mercy is growing in leaps and bounds we still have a family feel. I love that my job helps the providers and staff members serve our patients and help to accomplish God's work in the lives who are in need of Him."



**Name:** Karen Johnson  
**Position:** Human Resources  
**Favorite Superhero:** Wonder Woman  
**Weekend activities:** Golf, Tennis, Relaxing with family and friends

**Why do you love your job?**  
 "The people and that I do everything HR which is what I love"

## Are you a Medicare or TennCare patient?



Finding a quality healthcare provider as a Medicare or TennCare patient can sometimes be difficult. At Mercy, our patients receive the best possible care along with a personal touch that doesn't make you feel like just another number in the system. Our providers are extremely detailed, taking extra time to communicate with you about your health concerns and questions. As a Medicare patient, if you are looking for a primary health provider, look no further!

Please join us **&** help make a **DIFFERENCE**

Talbots and Mercy Community Healthcare invite you to an evening of shopping and refreshments

*10% of pre-tax sales will be donated to Mercy Community Healthcare  
 Plus everything is 25% off during this time only!  
 Come and support your community and maybe get in a little early  
 Christmas shopping*

Talbots will donate 10% of pre-tax sales on all merchandise purchases by participating customers made at the Talbots store at Cool Springs on October 15, 2015 from 5PM to 8PM to Mercy Community Healthcare. See a Talbots Associate for details on the promotion and to participate. This contribution is not tax deductible. Mercy Community Healthcare, located at 1113 Murfreesboro Road, Suite 319, Franklin, TN 37064, is a 501(c)(3) not-for-profit organization. Talbots is not affiliated with, sponsored or endorsed by Mercy Community Healthcare.

**TALBOTS**

**OCTOBER 15, 2015  
 5PM - 8PM**  
 RSVP to (615) 771-1822 by October 14, 2015

Cool Springs Galleria  
 1800 Galleria Blvd Ste 1171  
 Franklin TN

**25% off**  
 for anyone who attends the event

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**mercy**  
 COMMUNITY HEALTHCARE

**Styles of Yesterday & Today**

The American Girl Fashion Show is a fun-filled event for girls and their families, friends, and favorite dolls! Celebrate the experience of being a girl, whether yesterday or today, through a colorful presentation of historical and contemporary fashions. Enjoy elegant refreshments, enter to win door prizes, and learn how clothing has changed over the years to reflect history, culture, and girls' individual styles.

Hosted By and Benefitting  
**Mercy Community Healthcare**

Saturday, November 14th  
 10:00am & 2:00pm

**The Factory at Franklin**  
 230 Franklin Road, Franklin, TN 37064

**Tickets: \$40**

Make your reservations now.  
 Visit [www.americangirlfashionshowfranklin.org](http://www.americangirlfashionshowfranklin.org)

**You're invited!**